



In our quaint country store we have wonderful All-natural All-Canadian indulgences for you to enjoy..now our ever-popular Nasturtium and Jalapeno jam is back!

Interested in learning about growing cooking or harvesting herbs & flowers? See page 2 for our workshops...



EXCITING 2009 'HAPPENINGS' at IMG:

OUR GREENHOUSE & STORE are OPEN in May & June: Wed-Sat 10-5.30 Sun 12-5

You are most welcome to visit our '**grazing greenhouse**'. We'll never say "don't touch"- we want you to inhale, pet, nibble and savour the tastes and aromas in our all-natural green-house!

We still have over 90 varieties of herb plants available (people tell us all the time that we have more herbs than any greenhouse they've visited), plus some special heirloom tomato plants, pepper plants, Calendula and Sweet William plants (both beautiful 'double-duty' edible & cut flowers). We also have a few of our popular 'portable veggie gardens' remaining. Such a wonderful aromatic calming 'green' place to visit in this cool spring we're having!

BEE & FLOWER FUN FARM DAY. June 14: — We partner this special event with Lola Canola! Learn all about 'secret life' of bees: how to nurture them & how to grow pollinator and nature-friendly gardens for bees butterflies and birds. Activities.

Our apologies, we have to postpone our bee & flower day -we'll keep you posted!

June 25—Flower Wine & Honey Tasting: — We team up with DeVines Wines and Spirits in Edmonton along with Lola Canola Honey to tie honey, edible flowers, herbs and wine together in a one-of-a-kind food & wine tasting experience! * 3 Courses * 6 wines * Flower, Wine & Honey Informative Talks. A wonderful learning sensory event! Call **780.421.9463** for further details and tickets.

JULY 18— Find or sell Treasures at the 'Garaft' Sale — What the heck is a 'garaft sale'? Well—you guessed it—1/2 Garage Sale, 1/2 Craft Fair. Book a Table to display your one-of-a-kind crafts or some of that valuable stuff collecting dust in your garage or basement. Come to find the bargains! Table proceeds to Soroptimists International. (Of course our store will also be open).

AUGUST 16: 3rd Annual World Basset Races!

****SEE PAGE 3 FOR DETAILS ON OUR MONTHLY EVENTS!****

Browse our COUNTRY STORE for an uncommon selection of: Gourmet Food, Wonderful Teas, Herbal Health and Home & Beauty products, fabulous Scents, books (on gardening, herbs, food, organics etc.), plus so much more. **GOING ORGANIC COOKBOOK ON SALE! GREAT NEW PRODUCTS FOR 2009. We have a self-serve COFFEE & TEA BAR with treats to taste!**



Please Visit us at the Edmonton City Centre Farmer's Market on 104th Street (north of Jasper Ave), Saturdays May-Sept. **FRESH HERBS, PLANTS, FLOWERS.**



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GROWING & COOKING FABULOUS HERBS - A 'HANDS-ON' INSPIRED WORKSHOP

DATE: Wednesday July 8, 2009
 TIME: 6.30 – 9 pm
 LOCATION: Inspired Market Garden Greenhouse & Store
 DETAILS: Plan & Practice! Participants will learn simple ways of using fresh and dried herbs in cooking, on the BBQ, and in baking. Learn how to grow The 'Best Dozen' herbs for a wonderful kitchen garden. Make the most of culinary herbs in everyday cooking and in summer salads. Recipes will be shared. Learn how to plan a 'kitchen garden' and how to maintain and use those herbs with whatever you are cooking or sharing.
 COST: \$45.00
 INCLUDES: Workshop instruction, all materials and a cup of tea!
 INFO: Please call Gwen at 780.968.4648.

**HARVESTING AND USING CRAFT & CULINARY HERBS IN YOUR HOME
A 'HANDS-ON' INSPIRED WORKSHOP**

DATE: Wednesday August 5, 2009
 TIME: 6.30 – 9 pm
 LOCATION: Inspired Market Garden Greenhouse & Store
 DETAILS: Plan & Practice! Learn how to harvest herbs and dry them. Practice creating herbal vinegars and oils and using other craft herbs. We will demonstrate making simple herbal teas and then you have a chance to make up your own combinations! We will look at a few especially versatile herbs and how to utilize them around your home & for gifts.
 COST: \$45.00
 INCLUDES: Workshop instruction, all materials, plus a cup of tea!
 INFO: Please call Gwen at 780.968.4648.

**Register for any of these workshops by printing and completing the form below and either:
INSPIRED MARKET GARDENS LEARN TO GROW WORKSHOPS REGISTRATION FORM 2009**

Please indicate the workshop(s) of your choice by circling the date:

Workshop	Fee	2009 Date	Name:
Growing & Cooking With Herbs	\$45	Wed. July 8	Phone:
Harvesting & Using Craft & Culinary Herbs In Your Home	\$45	Wed. Aug 5	E-mail:
Total enclosed:			Please make cheques payable to: Inspired Market Gardens

You will receive a confirmation e-mail or phone call prior to the start of each workshop. Registration is limited and on a 'first-come, first-served' basis. Registration is complete once payment is received. Fees are non-refundable but can be exchanged in special circumstances.

*3 of our 2009 Event Days are run in conjunction with **RURAL RENDEZVOUS Unique Country Experiences!** Discover a *bakers' dozen* rural treasures west of Edmonton— a wonderful self-guided driving tour! Visit RRTour.ca for info and your copy of the brochure and map.



OUR FUN EVENTS FOR 2009

***MAY 9 & 10: Inspired Mother's Day Herbal Tea Party & 4th Annual Drive— Come on the Spring Rendezvous!** Come peruse our all-natural specialty greenhouse. Free tea tastings, scones, herb demos and talks. Country walks. Unique Country Store. Bring mom or a girlfriend and drive to a dozen other great rural treasures.

JUNE 14: Bee & Flower Fun Farm Day— Learn all about bees and what they need to thrive. Hear honey expert Patty Milligan (Lola Canola) as she demonstrates bee-keeping. Talk to

We're sorry but we have to postpone our bee & flower day. Due to a fire and cold weather—we'll re-schedule for July sometime.

flower and herb experts about how to build an all-natural 'bee, bird, & butterfly-friendly garden'. Stroll the greenhouse, quaint store and enjoy the countryside. Natural snacks and herb ice-cream.

JUNE 25: Flower Wine & Honey Tasting - We team up with DeVines Wines and Spirits and Lola Canola Honey to tie honey, edible flowers, herbs and wine together in our 2nd utterly unique food & wine tasting experience. Call 780.421.9423 for info and reserve a spot at this sought-after event.

JULY 18— Find or sell Treasures at the 'Garaft' Sale — What the heck is a 'garaft sale'? Well—you guessed it—1/2 Garage Sale, 1/2 Craft Fair. Book a Table to display your one-of-a-kind crafts or some of that valuable stuff collecting dust in your garage or basement. Come to find the bargains! Table proceeds to Soroptimists International. (Of course our store will also be open).



***AUGUST 16: 3rd Annual World Basset Races!** Last year we had over 60 hounds running (waddling), along with contests and a wonderful day in the country. This year they'll be demos and dog care and even more fun. How could you miss it?

SEPT 13: Tea & Zucchini Bake-off— We have to do *something* with all those extra zucchinis! Bring your imagination and favourite recipe - have it judged by top chefs including CBC personality and Culinary Instructor Gail Hall and specialty chef Brad Smoliak. There may be a short demo of 'zucchini games' - but we'll keep you posted..

***NOV 20-22: Country Christmas Rendezvous—** Its a great outing and a great way to shop for special things economically, but don't worry, we'll wait till summer really comes before we talk more about Xmas!

Please visit our store and greenhouse at the farm in May & June, and for special Events throughout the season. Come to chat and look at our great selection of plants and fresh-cut herbs and flowers at Edmonton's City Centre Farmer's Market on 104th Street (north of Jasper Ave), Saturdays May -Sept.